



## Modbury Primary School Newsletter

Friday 17<sup>th</sup> July 2026



[www.modburyprimaryschool.co.uk](http://www.modburyprimaryschool.co.uk)

<https://www.facebook.com/p/South-Hams-Federation-61556768462697>



<https://www.instagram.com/southhamsfederation2025/>

Dear parents and carers,

What a wonderful end to the term the children have had this year. After all the excitement of the Year 6 play last week, they enjoyed another busy and memorable few days. On Wednesday, the sun shone for our Swim Gala, which began with Year 6 showcasing their swimming skills before Reception Class impressed us all with their brilliant pirate-themed performance in the pool. Years 2, 3 and 4 demonstrated some excellent floating, swimming and underwater skills, and Year 5 rounded off the event with two fantastic synchronised swimming routines.

It was then time for the lovely Summer Fayre, organised by our wonderful PTFA.

On Thursday, we were treated to our Summer Term Rocksteady concert. The children were amazing musicians, performing with confidence, enthusiasm and real showmanship. Finally, on Friday, Year 6 shared their memories and reflections during our leavers' service. We also said a very fond goodbye to Sarah Walker, who has been a wonderful PTFA Chair and will be greatly missed.



I want to say a heartfelt thank you for everything you have done to support your children and our school this year. It has been a joy watching the children grow in confidence, make new friendships and embrace every learning opportunity.

A huge thank you also goes to our fantastic staff team. Their care, energy and commitment make our school a happy, welcoming place for every child.

As we head into the summer holidays, we hope you enjoy some well-deserved rest, sunshine and family time. We look forward to welcoming the children back in September, refreshed and ready for another term of fun and learning.

### **Safeguarding during the summer holidays**

During the school holidays, the Safeguarding team monitors the email address [modbury@southhamsfederation](mailto:modbury@southhamsfederation) periodically. If a child is in immediate danger, call 999. For other serious or urgent issues, contact Devon County Council children's services directly on 0345 155 1071 rather than waiting for a reply here.

Children and young people can contact Childline free and confidentially on 0800 1111.

Parents and carers can contact the NSPCC helpline on 0808 800 5000.

### **Safeguarding News**

It can be challenging for parents and carers to know whether children are spending too much time on their digital devices. As technology becomes more pervasive in all of our lives, many children and young people in particular are beginning to experience tech-related dependencies. In this guide, you'll find tips on avoiding potential risks such as damage to health and wellbeing, app addiction and a lack of sleep.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?

**47%** of parents said they thought their children spent too much time in front of screens

# What parents need to know about SCREEN ADDICTION

## HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

## LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

## LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



## CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes', explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

## APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



**National Online Safety**

## Top Tips for Parents



## LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

## LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

## LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

## MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

## REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

## ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realize they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

## STATISTICS

**52%** of children aged **3-4** go online for nearly **9hrs** a week

**82%** of children aged **5-7** go online for nearly **9.5hrs** a week

**93%** of children aged **8-11** go online for nearly **13.5hrs** a week

**99%** of children aged **12-15** go online for nearly **20.5hrs** a week

Children and Parents: Media Use and Attitudes Report 2018

SOURCES:  
<https://www.independent.co.uk>, Children and Parents: Media Use and Attitudes Report 2018; <https://www.ofcom.gov.uk>, <http://uk.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones>, Journal of Youth Studies; <https://www.mimms.co.uk/news/low-free-kids-tough-sleep-9615986>, University of Leeds; [https://medhealth.beds.ac.uk/news/article/1256/tackling\\_sleep\\_damage\\_for\\_children](https://medhealth.beds.ac.uk/news/article/1256/tackling_sleep_damage_for_children)

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter - @natonlinesafety Facebook - /NationalOnlineSafety



## **Scomis Parents Newsletter**

Please follow the link below to take a look at Scomis' Online Safety Newsletter

<https://www.scomis.org/app/uploads/2026/07/OLS-Newsletter-parents-July-2026.pdf>

### **A report from The Board of Governors**

As we come to the end of another busy and successful school year, the South Hams Federation Board of Governors would like to say a heartfelt thank you to everyone who has contributed to making our Federation such a special place.

Firstly, we would like to thank all our wonderful children. We are incredibly proud of each one of you and all that you have achieved this year. From our Foundation children, who arrived in September looking so tiny and are now confident and ready to begin Year 1, to our Year 6 pupils, who have grown in so many ways and are now preparing for the next exciting stage of their education, we wish you every success and happiness for the future.

To our parents, carers and grandparents, thank you for the continued support you give our schools and pre-schools throughout the year. Whether it's helping with learning, attending events or simply encouraging your children every day, your support is invaluable. We could not achieve what we do without you.

A huge thank you also goes to our PTFAs across the Federation. Your dedication, enthusiasm and countless hours of fundraising provide opportunities and resources that enrich the experiences of all our children. From outdoor equipment and educational resources to extracurricular activities and special events, your hard work makes a real difference.

We would also like to recognise our amazing staff. Our administrative teams work tirelessly behind the scenes to keep our schools running smoothly, often juggling countless challenges with professionalism and good humour. Thank you to our fantastic Teaching Assistants, Our Pre School staff, our hardworking kitchen teams, our caretaking and cleaning staff, and of course our dedicated teachers. Your commitment, care and passion create the nurturing and inspiring environments that our children enjoy every day.

The role of the Governing Board is to provide strategic leadership for the Federation. We work to ensure our schools are safe, welcoming and inclusive places where every child can thrive. Our responsibilities include setting the Federation's vision and values, overseeing budgets and ensuring value for money, meeting our statutory responsibilities, monitoring pupil progress and staff wellbeing, and supporting our school leaders to provide the very best education for every child.

The Governing Board meets six times each year, with three Resources meetings held annually. In addition, every half term our Link Governors and School Governors meet with each Head of School to monitor progress, provide support and maintain strong links between the Governing Board and our school communities.

Being a Governor is both a rewarding and fulfilling role, offering the opportunity to make a real difference to the lives of children, families and staff across our Federation.

We are currently looking to appoint **three new Governors** to join our Board. If you are passionate about education and would like to play a part in shaping the future of our schools, we would love to hear from you. Please contact our Clerk to Governors [Clerk@southhamsfederation.org.uk](mailto:Clerk@southhamsfederation.org.uk) or myself [jgreaves@southhamsfederation.org.uk](mailto:jgreaves@southhamsfederation.org.uk) or telephone 07703291956 for an informal conversation and more information.

Finally, we wish all our children, families, staff and volunteers a wonderful, restful and well-deserved summer break. We look forward to welcoming everyone back in September for another exciting year.

Very best wishes

Jane Greaves – Chair of Governors for The South Hams Federation

**Achieve4All – Autumn Term 2026 – bookings now available!**

If your child would like to join/continue this after school Multi-Sports club on a Wednesday (3.30pm-4.30pm) from September, please follow the new link below to book.

|         |           |                         |                                                                                                                                                                                                                                                                                                                 |
|---------|-----------|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Modbury | Wednesday | KS1+2 Multi Sports Club | <a href="https://activities.bookpebble.co.uk/activity/achieve4all-multi-sports-club-ks12-modbury-wednesday-ivybridge-ee870376-fb8c-424e-9429-805d2b0aead2">https://activities.bookpebble.co.uk/activity/achieve4all-multi-sports-club-ks12-modbury-wednesday-ivybridge-ee870376-fb8c-424e-9429-805d2b0aead2</a> |
|---------|-----------|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

If you have any queries or questions, you can contact them on: [info@achieve4all.co.uk](mailto:info@achieve4all.co.uk)

**Diary Dates - New dates in bold**

**Return to School Monday 7th September**

**Monday 28th September - Individual photos**



**Louise Nicholls**  
Head of School



**Mrs T Coulthard**  
Executive Head Teacher

**Community News**

## **Devon HAF Programme**

The Department for Education (DfE) funded holiday activities and food (HAF) programme aims to support children to eat more healthily, be more active over the school holidays and have a greater knowledge of health and nutrition as well as be more engaged with school and other local services. The programme is for children in receipt of benefit related free school meals. Please follow the link below for more information and to book.

[Devon HAF programme](#)



Dear Schools,

At Plymouth Argyle Community Trust we are delighted to announce we are running Devon HAF program at Manor School over the Summer Holidays.

The Department for Education (DfE) funded holiday activities and food (HAF) programme aims to support children to eat more healthily, be more active over the school holidays and have a greater knowledge of health and nutrition as well as be more engaged with school and other local services.

The programme is completely free for children who receive Benefit Related Free school meals.

The details about timings and dates are below

Week 1: Tuesday 4<sup>th</sup> – Friday 7<sup>th</sup> August 10am-3pm

Week 2: Tuesday 11<sup>th</sup> – Friday 14<sup>th</sup> August 10am-3pm

Week 3: Tuesday 18<sup>th</sup> – Friday 21<sup>st</sup> August 10am-3pm

Week 4: Tuesday 25<sup>th</sup> – Friday 28<sup>th</sup> August 10am-3pm

I have attached the link for you to be able to book on: [Manor Primary Summer HAF 2026\(Ivybridge\) with Argyle Community Trust · Eequ](#)

If you have any further queries or questions, please feel free to contact Joe Burfield at the email below.

Kind Regards,

**Joe Burfield**  
**Funded Programmes Officer**  
**E: [Joe.burfield@pafc.co.uk](mailto:Joe.burfield@pafc.co.uk)**

---

[Link for HAF at Manor](#)



*Kellogg's*

**ARGYLE**  
FOOTBALL CAMPS  
SUMMER

July & August 2026 | 9.30am start  
Open to Boys & Girls of all abilities, aged 5-15

SESSIONS FROM £15 PER DAY

 ARGYLE  
COMMUNITY  
TRUST

For more information;  
call 01752 522202, or  
visit [argylecommunitytrust.co.uk](http://argylecommunitytrust.co.uk)

  
BOOK NOW

## PLYMOUTH

Argyle Football Camp unless stated

**Monday, 27 July**  
Home Park  
Manadon Sports Hub

**Tuesday, 28 July**  
Manadon Sports Hub  
Wembury Primary School  
- Multi Sports / Gym  
The Hub at Foulston Park  
- Elite Training Day

**Wednesday, 29 July**  
Manadon Sports Hub  
Ivybridge CC  
The Hub at Foulston Park  
- Elite Training Day

**Thursday, 30 July**  
Manadon Sports Hub  
Ivybridge CC

**Friday, 31 July**  
Home Park  
Home Park - Girls Only  
Manadon Sports Hub

**Monday, 3 August**  
Home Park  
Manadon Sports Hub

**Tuesday, 4 August**  
Manadon Sports Hub  
Wembury Primary School  
- Multi Sports / Gym  
The Hub at Foulston Park  
- Elite Training Day

**Wednesday, 5 August**  
Manadon Sports Hub  
Ivybridge CC  
The Hub at Foulston Park  
- Elite Training Day

**Thursday, 6 August**  
Manadon Sports Hub  
Ivybridge CC

**Friday, 7 August**  
Home Park  
Home Park - Girls Only  
Manadon Sports Hub

**Monday, 10 August**  
Home Park  
Manadon Sports Hub

**Tuesday, 11 August**  
Manadon Sports Hub  
Wembury Primary School  
- Multi Sports / Gym  
The Hub at Foulston Park  
- Elite Training Day

**Wednesday, 12 August**  
Manadon Sports Hub  
Ivybridge CC  
The Hub at Foulston Park  
- Elite Training Day

**Thursday, 13 August**  
Manadon Sports Hub  
Ivybridge CC

**Friday, 14 August**  
Home Park  
Home Park - Girls Only  
Manadon Sports Hub

**Monday, 17 August**  
Home Park  
Manadon Sports Hub

**Tuesday, 18 August**  
Manadon Sports Hub  
Wembury Primary School  
- Multi Sports / Gym  
The Hub at Foulston Park  
- Elite Training Day

**Wednesday, 19 August**  
Manadon Sports Hub  
Ivybridge CC  
The Hub at Foulston Park  
- Elite Training Day

**Thursday, 20 August**  
Manadon Sports Hub  
Ivybridge CC

**Friday, 21 August**  
Home Park  
Home Park - Girls Only  
Manadon Sports Hub

**Monday, 24 August**  
Home Park  
Manadon Sports Hub

**Tuesday, 25 August**  
Manadon Sports Hub  
Wembury Primary School  
- Multi Sports / Gym  
The Hub at Foulston Park  
- Elite Training Day

**Wednesday, 26 August**  
Manadon Sports Hub  
Ivybridge CC  
The Hub at Foulston Park  
- Elite Training Day

**Thursday, 27 August**  
Manadon Sports Hub  
Ivybridge CC

**Friday, 28 August**  
Home Park  
Home Park - Girls Only  
Manadon Sports Hub



## SOUTH DEVON

Argyle Football Camp unless stated

**Wednesday, 29 July**  
Paignton Academy

**Thursday, 30 July**  
Kingsbridge Community College

**Friday, 31 July**  
KEVICC

**Wednesday, 5 August**  
Paignton Academy

**Thursday, 6 August**  
Kingsbridge Community College

**Friday, 7 August**  
KEVICC

**Wednesday, 12 August**  
Paignton Academy

**Thursday, 13 August**  
Kingsbridge Community College

**Friday, 14 August**  
KEVICC

**Wednesday, 19 August**  
Paignton Academy

**Thursday, 20 August**  
Kingsbridge Community College

**Friday, 21 August**  
KEVICC

**Wednesday, 26 August**  
Paignton Academy

**Thursday, 27 August**  
Kingsbridge Community College

**Friday, 28 August**  
KEVICC





# CALLING ALL YEAR 4, 5, 6 AND 7 GIRLS!

COME AND GIVE GIRLS RUGBY A GO  
FOR FREE AT IVYBRIDGE RFC

WE ARE RUNNING 3X TASTER SESSIONS ON

12<sup>TH</sup>, 19<sup>TH</sup> & 26<sup>TH</sup> AUG

18:00 PM – 19:00 PM

NO PREVIOUS EXPERIENCE REQUIRED

WEAR SPORTSWEAR SUITABLE FOR  
THE WEATHER AND BRING A DRINK

THE LOFT  
STATION YARD  
KINGSBRIDGE  
TQ7 1ES

## KINGSBRIDGE GYM CLUB

# GYM HOLIDAY CLUB

£25

### SPECIAL OFFER

BOOK 5 SESSIONS & PAY FOR 4.

Offer applies per gymnast

ALL DAY 9AM - 3:30PM

| MON   | 20TH JULY | 27TH JULY | 3RD AUG | 10TH AUG | 17TH AUG | 24TH AUG |
|-------|-----------|-----------|---------|----------|----------|----------|
| TUES  | 21ST JULY | 28TH JULY | 4TH AUG | 11TH AUG | 18TH AUG | 25TH AUG |
| WED   | 22ND JULY | 29TH JULY | 5TH AUG | 12TH AUG | 19TH AUG | 26TH AUG |
| THURS | 23RD JULY | 30TH JULY | 6TH AUG | 13TH AUG | 20TH AUG | 27TH AUG |

FOR AGES 5+

BOOK HERE

https://portal.iclasspro.com/kingsbridgegymclub



# FLETE 10K

Rotary  
Ivybridge



ONLINE ENTRIES  
NOW OPEN

## AND FAMILY FUN RUN

RACE OPTIONS = 10K / 5K / 1K AROUND THE SPECTACULAR  
FLETE ESTATE AND ALONG THE RIVER ERME



Sponsored by

HOWARD & OVER  
SOLICITORS EST. 1914

IVOR JONES  
FINANCIAL PLANNING  
for your future

gth

MANNING  
& COMPANY

Flete 10k is organised by Ivybridge Rotary Club. It is  
overseen by UK Athletics with official starter and  
adjudicator present to ensure compliance.

To register visit



<https://www.entrycentral.com/festival/4498>

Sat 12 Sept 2026

Start times & prices  
10k - 3.00pm - £22/£20  
5k - 1.00pm - £10  
1k - 2.00pm - £5

Location - Flete Estate  
(Point to Point site)  
Off A379 East of Plymouth  
Leave A38 @Ivybridge via A3121  
PL21 9NU  
What3Words- wolves.alive.inch

\*Parking  
\*Refreshments

Raising  
funds for our  
nominated  
charities



## BOOKING IS OPEN FOR HIGH 5's SUMMER FUN FEST 2026!

This summer, we're turning the school holidays into the festival season to remember! With themed weeks, numerous exciting activities and endless opportunities to make friends, build confidence and create memories, don't miss our Summer Fun Fest 2026.



[Stowford School](#), Ivybridge

27 July – 28 August

We're hosting six weeks of full-throttle High 5 epicness — and your kids are invited to the best festival lineup of their lives. Visit our website for more information about our camps, with a full list of dates and venues available.

<https://high5sportscamps.co.uk/camps/summer-camps-2026/>

### Funded High 5 Places Available

With thanks to our partners Devon County Council, we are able to offer free places at our High 5 camps for children aged 5 - 11 this summer as part of the Holiday Activities and Food Programme (HAF) to any child who qualifies for free school meals.

This year's festival line-up includes:



Dino Fest



The Big Adventure Week



Wet & Wild Bubble Fest



Fantasy Fest



Mega Sport-tacular



Kaleidoscope of Colour



Carnival Week



Illuminated Soundscape



100% screen-free. Packed with adventure. Made for making memories.

### Book Now!

Quick Summer Camp booking

link: <https://campscui.active.com/orgs/High5SportsCamps?season=3825238>

Quick Holiday Activities and Food Programme (HAF) booking link: <https://eequ.org/book/high-5-camps-stowford-with-sports-coaches-south-west-high-5-14387>

We can't wait to see you there.

**Ben, Aimee & The High 5 Team**





18th, 19th & 20th September 2026

# DadFest Devon<sup>TM</sup>

Location: Beryl's Campsite, Beeson. Kingsbridge,  
South Devon. TQ7 2HW

Awarded 'Best Small Event in the UK' in 2015 & 2025  
The only UK festival just for dads & their children.

- campfire stories • water-rockets • bat walk
- Forest School • board games • rifle range
- wrestling show • arts & craft • sport skills
- kids disco • music workshops • archery
- slip n slide • beach trip • food & drink • & more...
- + 2026 World Dad Dancing Championship

**Dads/ male carers with children of all ages welcome**

DadFest 2026 tickets must be bought in advance

Dad + 1 child (all ages): £109

Dad + 2 children (all ages): £119

Dad + 3 children (all ages): £129



Ticket includes camping & all activities – nothing more to pay  
Get food tickets too: £40 (dad): £30 (children)

To book search 'ticket tailor DadFest Devon'

or email: [info@thedadsnetwork.org](mailto:info@thedadsnetwork.org)







South Devon Fun with Dads Project



## Calling all dads & children

# Summer Camp 2026

An amazing overnight camp really near the beach  
at Terawhiti Farm, South Milton. Nr. Kingsbridge. Devon. TQ7 3JT

## Sat. 18th - Sun. 19th July

- beach games • soft archery
- dad jokes • BBQ & marshmallows •
- glow-worm walk • campfire stories



**£5 - £20** (sliding scale)

Camping equipment can be borrowed  
[www.bookwhen.com/southdevondads](http://www.bookwhen.com/southdevondads)  
any questions? email: [info@thedadsnetwork.org](mailto:info@thedadsnetwork.org)

**Booking essential**



HIGH 5

# Stowford's summer line-up

27-31 July

Fantasy Fest

3-7 August

Wet & Wild Bubble Fest

10-14 August

Big Adventure Week

17-21 August

Dino Fest

24-28 August

Illuminated Soundscape

**Book your best  
summer ever at  
Stowford today**

SPORT

FRIENDS

FUN

ACTIVE

[high5sportscamps.co.uk/summer](https://high5sportscamps.co.uk/summer)



8am -  
6pm

Award  
winning

TICKETS

