



Dear Parents and Carers,

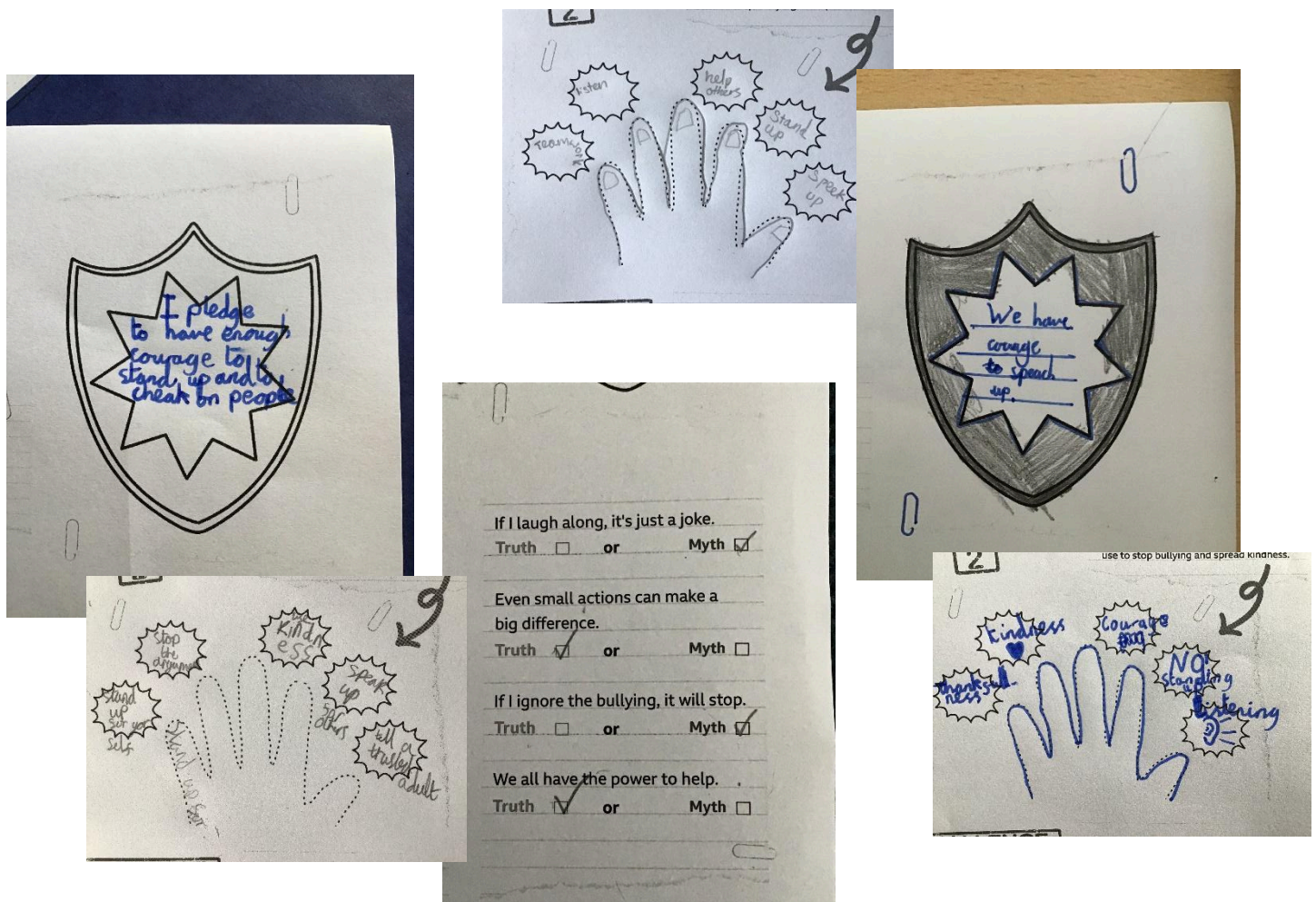
Despite the weather, the children have all had a busy week and have been out as much as possible. Please make sure that children are coming to school with waterproof coats and are ready to go outside.

Poppy Appeal

Many thanks to all those who bought a Poppy/accessory for the Poppy Appeal – we have raised an amazing £121.35!

Anti-Bullying Week

This week, we have been raising awareness of the bullying of children and young people, in schools and elsewhere, and building a toolkit of ways to prevent and respond to it. We took part in a live-assembly with the BBC. The children thought about how they can use their powers such as courage and kindness to stop bullying. This could be through checking in with their peers or telling a trusted adult. We created a pledge. "Our pledge is to have the courage to stand up and check in for others in order to care for everyone in our school community."



School Meals request & Drinks reminder

Please can we request that parents order their child's lunches through MCAS. This will minimise the time that is lost in the mornings. You can book your child's meals up to a week in advance but would need to be booked by the day before the meal is required.

We have also found many children in school with squash in their water bottles. Please may we remind you that we are a "no squash" school and only water should be sent in for your child to drink.

Quiz Funds for School Outdoor Classroom

Thank you so much for the generous donation of £250 from the Kingston quiz team towards the Modbury Primary School outdoor classroom fundraiser. We really appreciate your support!

Request for PE Kit items

If you have any PE Kit items (including trainers/pumps) at home your child has grown out of that you would be happy to donate to school, we would be very grateful. Mrs Khong wants to create a bank of kits for families that may need help with them. Please drop any items directly to Mrs Khong in Year 1. Many thanks!

Choir

There will be no Choir on Monday 24th November.

Achieve4All – After Half Term – NEW LINK!

If your child would like to join/continue this Multi-Sports club on a Wednesday after school – 3.30pm-4.30pm, please follow the new link below to book.

Modbury	Wednesday	KS1+2 Multi Sports Club	https://activities.bookpebble.co.uk/activity/achieve4all-sports-club-ks12-modbury-ivybridge-fe504e4d-f52f-4a64-8f05-aec7424ffbe7
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If you have any queries or questions you can contact them on: info@achieve4all.co.uk

Plymouth Argyle's KS2 Football After School Club – NEW LINK!

Plymouth Argyle's KS2 (Years 3,4,5&6) Football After School Club will be running every Friday – 3.30pm–4.30pm.

If your child would like to join/continue this club until Christmas, please follow the link below to book.

Modbury	Friday	KS2 Football Club	https://www.abler.io/shop/pact/2313123?region=Plymouth&program=Q2x1YINlcnZpY2U6NDg0Nzg=
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School Meals and Universal Infant Free School Meals

Please ensure school meals are paid in advance via Bromcom. Meals can be ordered a week in advance for your child via the app. The price of a school meal from the 1st September 2025 is now:

- ☑ £2.60 per day
- ☑ £13.00 per week

If you experience any difficulties ordering or booking meals please contact the School Office. If you feel that your child may be entitled to Free School Meals, due to your financial circumstances, please contact Devon County Council either by phone on 0345 155 1019 or by visiting their website portal at: https://oneonline.devon.gov.uk/CCSCitizenPortal_LIVE

If your child has moved up from Year 2 to Year 3, please note you will no longer qualify for Universal Infant free School Meals and will now need to pay for your child's meals, unless your child is entitled to Free School Meals as detailed above

Diary Dates - New dates in bold

PTFA Christmas Fayre - Friday 5th December - School Hall

Nativities and Christmas plays

Reception, Year 1 and Year 2 9th and 10th Dec 2pm (Hall)

Year 3 and 4 play - 2pm and 6pm 17th Dec (Hall)

Christmas Dinner and Christmas Jumper Day - 18th December

Carol service - 19th December 1.30pm at the church

'Wake up Wednesday'

Bullying continues to affect far too many children, both in and out of school – but adults can play a crucial role in helping young people speak up and support one another. This week's guide is packed with practical strategies to foster confidence, kindness, and connection in the face of unkind behaviour.

From encouraging inclusivity to spotting signs of distress, the guide highlights how small, everyday actions by young people and the adults around them can make a big difference. With tips on nurturing empathy, teaching allyship and validating children's experiences, it's a timely reminder that empowering young voices is key to positive change.

10 Top Tips for Parents and Educators

GUIDING YOUNG VOICES TO MAKE A DIFFERENCE

Bullying impacts the lives of many young people. In the UK, one in five pupils aged 10 to 15 report being bullied. The effects can be long lasting, affecting mental health, school attendance and self-esteem, and can impact long-term development into adult life. Adults play a key role in building young people's confidence to speak out, support one another, and stand up to unkind behaviour. This guide offers ways to help youngsters make a positive difference.

1 CELEBRATE DIFFERENCES

Help young people value diversity by showing that what makes us different is also what makes us strong. Encourage them to learn about different cultures, identities, and abilities through books, films, and conversations. By appreciating uniqueness in themselves and others, children can grow into open-minded individuals who build inclusive and welcoming environments.

2 MODEL RESPECT

Children watch and learn from how adults behave. Use respectful language, show patience in disagreements, and treat others with fairness – especially in front of children. By modelling inclusive behaviour and challenging unkindness, adults set a lasting example that respect should be part of every interaction, whether online, at school, or at home. Be the change you want to make.

3 SPOT THE SIGNS

Adults and young people should learn how to recognise signs that someone may be experiencing bullying. This might include withdrawal from friends, hobbies or interests, changes in mood, reluctance to go to school, or unusual injuries. Helping young people recognise these clues ensures that support can be offered sooner and problems do not go unnoticed.

4 VALIDATE FEELINGS

When a child shares something that worries them, it's important to listen carefully and validate how they feel. Respond with empathy – not judgement – and let them know it's okay to feel upset or confused. Offering reassurance and understanding helps young people feel safe about opening up, and builds the trust needed to talk again in future.

5 TEACH ALLYSHIP

Show children how to stand up for others in safe, respectful ways. Allyship might look like sitting next to someone who's been excluded, reporting hurtful behaviour, or speaking up when they witness bullying. By practising these responses together, you're helping children develop the courage to be kind and to take action when it really counts.

6 PROMOTE REPORTING

Ensure young people know how to report bullying and feel confident that they'll be taken seriously. Talk to them about who they can speak to and what to expect when they do, such as reporting school incidents to teachers, and out-of-school bullying to parents or teachers. Reassure them that reporting is a brave and helpful choice – not tattling – and that it plays a vital role in keeping everyone safe.

7 ENCOURAGE KINDNESS

Everyday acts of kindness can make a big difference in creating safer, happier spaces. Encourage children to look out for one another by being helpful, saying kind words, or including someone who feels left out. These small actions set a strong example that kindness matters, and that it can be a powerful response to bullying.

8 USE YOUR VOICE

Encourage young people to speak up for themselves and others. Whether through storytelling, school campaigns, or peer-led projects, children can learn that their voice has power. Support them to express themselves confidently and safely, helping them understand that sharing experiences can challenge injustice and inspire real change in their communities.

9 BUILD COMMUNITY AND BELONGING

Children thrive when they feel supported. Help them build strong friendships, join clubs or teams, and connect with trusted adults who care. These networks offer comfort, encouragement, and protection – particularly during challenging times. Remind children that they don't have to face difficulties alone and that support is always within reach.

10 SUSTAIN THE CONVERSATION

Bullying awareness shouldn't be limited to one week each year. Create regular opportunities to talk about kindness, respect, and inclusion. Use books, news stories, and personal experiences as conversation starters. Embed anti-bullying initiatives into the school, and make tackling bullying a shared, ongoing commitment.

Meet Our Expert

Robert Allsop is an experienced pastoral and safeguarding practitioner, specialising in tutorials, behaviour interventions, and attendance management. A recipient of the Diana Award for Anti-Bullying, he has helped raise standards and improve Ofsted outcomes in some of the country's most challenging schools and colleges.



See full reference list on our website.

[@wake_up_weds](https://twitter.com/wake_up_weds)

[/www.thenationalcollege](https://www.thenationalcollege.com)

[@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday)

[@wake.up.weds](https://www.facebook.com/wake.up.weds)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.11.2025

Louise Nicholls

T. Coulthard

Louise Nicholls
Head of School

Mrs T Coulthard
Executive Head Teacher

PTFA News

The fabulous Friday Cake Stand Each Friday we have a table in the lower playground to sell wonderful baked creations and contributions. The money raised goes towards loads of amazing experiences and equipment for your children.

Here are the dates for each year group. Thank you everyone for your support!

21 Nov | Yr 5

28 Nov | Yr 4

5 Dec | Yr 3

12 Dec | Yr 2

19 Dec | *None - Last day of term*

Community News

Apply for a primary school place

Was your child born
between 1 September 2021
and 31 August 2022?



Apply online at:
devon.cc/admissionsonline

or scan the QR code. Applications open from
15 November 2025 to the **15 January 2026**

If you can't access the school
admissions website you can get
more information by emailing
admissions@devon.gov.uk or
call our Education Helpline on:

0345 155 1019



You must apply through the Admissions
Team, even if you've already given details
to a school. Applications made directly to
schools or on their lists will not be accepted.



SINGALONGA SPACE

... to Modbury & Beyond!

*A Modbury Players' unforgettable and
unmissable production*

**Friday 14th November &
Saturday 15th November**

Doors & Bar Open 7pm

Modbury Memorial Hall

Tickets £10

**(£5 for Children) available from
Modbury Post Office**

Don't forget to buy tickets early as they sell out!

Licenced Bar, Raffle & 'Space' Disco

Sponsored by: **AtkinsRéalis**

children's hospice **SOUTH WEST**

Santa's on the Run

SAVE 20% if you sign up before midday on 3 November

Sign up today www.chsw.org.uk/santas

Experience the magic of a festive train ride and fun run at Plym Valley Railway on Saturday 29 November

Making the most of short and precious lives across the South West
Registered Charity No. 1000234

AWARDED
★ BEST CHILDREN'S ACTIVITY PROVIDER IN THE SOUTH WEST
★ BEST SUMMER CAMP IN SOUTH WEST

HIGH 5 CHRISTMAS CRACKER CAMP

22ND - 23RD DECEMBER 2025 @STOWFORD SCHOOL

This December come and join us for an action packed couple of days of sports, activity, art and fun. In celebration of **Christmas** we have a **cracker** of a theme!

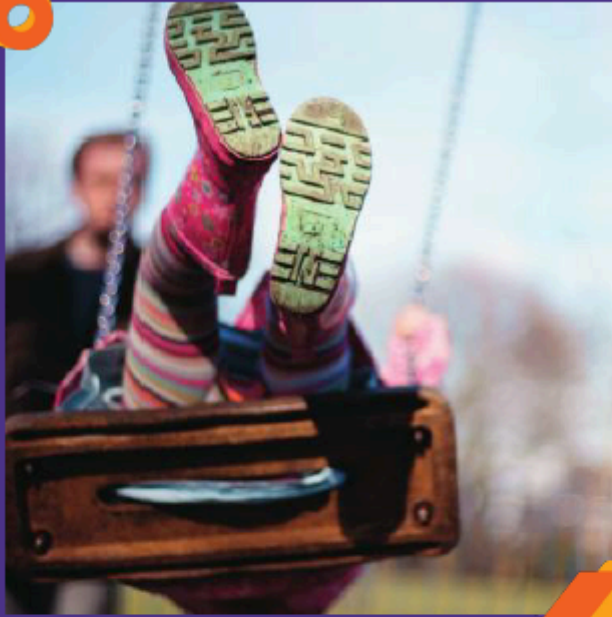
Arts & Crafts Weekly Theme: **Crimbo Crafts**

BOOK NOW @

Ofsted REGISTERED www.high5sportscamps.co.uk FIND US ON...

To book, please follow this link....

<https://campscui.active.com/orgs/High5SportsCamps?season=3724444>



Parent support volunteers needed

Do you remember sleepless nights,
tantrums, first day at school?

Do you have a couple of hours a week
spare to support a family in their home,
community or digitally?

Are you non-judgemental, a good
listener with life/parenting experience?

Contact us today to find out more

homestart-southandwestdevon.org.uk
07307873163/homestart.shpt@gmail.com

Charity no. 1104877
The Rees Centre, Mudge Way, PLYMOUTH, PL7 2PS



Or Scan the QR Code

**HOME
START**

South & West Devon



Friday 21st November
8-11pm

Modbury Memorial Hall

Headliners
Kit Hillbillies

Supported by
Boomers

Charity music night for Trussel
Trust food banks, St Luke's
Hospice and Modbury Town
Improvement



Tickets £10, includes first drink
Bring your dancing shoes
Licensed bar, raffle, tickets on sale from Modbury Post
Office

Guardian journalist Tim Dowling: "The Kit Hillbillies:
Excellent. See them soon."

Rootsy acoustic music featuring bluegrass, country blues and Americana,
with the odd traditional folk and gospel song thrown in. Frequently gigging
at pubs up and down both sides of the Tamar, regularly at the B-Bar in
Plymouth and have featured at the Eden Project and Calstock Arts Festival.