



Dear Parents and Carers,

An exciting way to end the week with our wonderful Christmas Fair!! The children have had a great time in school this week... Christmas Jumper Day and the Christmas Meal was enjoyed by the children. A big thank you to Mr Gales, our Kitchen Manager, who yet again provided a wonderful Christmas lunch for the children. Next week we have the Nativity Plays, School Disco, visit from Father Christmas and lots of other lovely activities.

### School Entrance

As you will have seen, the school has undergone a period of extensive refurbishment to the roof, bell tower, turrets, external wall, reception class canopy, new boilers and the main entrance doors, foyer and corridor external and internal refurbishment. These works would not have been possible without the support of Devon County Council, SW Norse, their contractors and our school and Federation teams.

We still have some minor finishing touches to undertake and are awaiting playground markings for our top playground.

We are planning an official opening of the refurbishment works and we will let you know the date of this once it has been confirmed. In the meantime, from next term, all staff, visitors and deliveries are to report to the Main entrance on Barracks Road via the new intercom system. If you are late to school, please use this entrance. We will be closing the Back Street entrance, which will be an emergency exit only during the day; however, it will still be used at the end of the school day for pick up.

The improvements made will be of huge benefit to the school and the new boilers also help to meet the Local Authority's sustainability plan with more efficient heating and hot water in the main building.

We will update you once we have further details of the official opening but in the meantime if you have any queries please let us know.

### PE next week

As the hall is so busy next week with plays etc, PE will be outside. Please come prepared for colder weather. There will be no forest school for Reception and Year 2. Year 3 Forest School sessions will start in the afternoons next term. Reception will continue with their morning sessions.

## Governor vacancies

Governors are key to running schools that have good outcomes for **all** pupils. They help us set strategic direction, hold our leadership to account and check our schools are doing well.

If you can attend **six** meetings a **year** and spend some time getting to know our schools then we would love to hear from you.

You **don't** need to have any experience of the education system or specialist qualifications to be a governor but we are ideally looking for a person who has human resources or people management experience and would be willing to visit **Malbournough with South Huish Primary School** at least once or twice per term, and keep up good communication with the head of school.

**We offer plentiful training and personal development opportunities.**

If you are interested in becoming a governor or are a parent or carer who would like to know what governors do and why they are so important to our schools please contact [clerk@southhamsfederation.org.uk](mailto:clerk@southhamsfederation.org.uk)

## A Festive Flurry of Football

This week saw not one, not two but three teams represent the school in cup fixtures around the county.

On Monday the Year 1 and 2's travelled to Whitleigh Community Primary School to play in the knockout cup. From the off it was a close game with the home team getting the first goal with a speculative effort past the unlucky Ralph in goal. However Modbury fought back with quick goals from Stanley and River who were covering a lot of ground. Stanley made it 3-1 before Whitleigh got one back of their own. Going into half-time it was all to play for, some excellent work by Wren, William and Evie limited their chances and protected the goal superbly.

However, after the break the home team had the greater energy and despite some very positive play from River, we fell behind to some great goals from their marauding forward player. Despite this the children were an absolute credit to themselves and the school. It was a long game and bitterly cold. We didn't progress this time but the future looks bright! A huge thank you to the parents that transported and supported!

## **Bettison Cup**

Then on Tuesday it was the Year 5 and 6's turn, who travelled to St. Mark and St. John's University for the Devon Finals of the Bettison cup. With 21 teams all vying for a place to represent the county at national level, the standards were high.

The Year 6 team started well with excellent work from Jude and Ben on the flanks backed up by solid play from Olive, Evelyn and Bertie in defence. Unfortunately the first game got away from us and we struggled to get the ball into scoring chances. We had four games in our group and ran each team close, but couldn't make the breakthrough. Oli made her debut for the team, putting in some amazing saves when Barnaby ventured out into midfield.

The Year 5's showed their quality, winning their second game 1-0 thanks to great defensive work from Aaron and Maisy, plus a goal from Felix. We got through to the plate competition and in the quarter final the team really came alive. Ted bagged himself a 4 minute hattrick, with some quality work from Joni, Jack and Felix in midfield. Jack scored a Clarence Seedorf esq solo effort from range before Felix capped off a magnificent game with a great team goal started by an excellent tackle and pass by Verity that got the Plymouth Argyle watchers raving.

In the group stage we almost got a result from now regular opponents Pomphlet, losing a tight 1-0, they lost their quarter final to the team we played in the semi final and the strength of the team in red was very apparent when they scored two quick goals against us. Ted pulled one back with a fine solo effort, before they scored a couple more to send themselves to the final.

It was a fantastic effort from every player involved, with many comments from other managers saying how great it was that we had so many girls involved. Thank you again to the parents who came and braved the cold! A special thank you to Mrs Hill for coaching and managing the Year 5 team!







### Christmas Post Box

The School Council will be organising deliveries of Christmas cards. If your child would like to send any cards they can post them in the festive post box outside the school office. They will then be sorted and delivered to each class before we break up for Christmas.







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# CHRISTMAS

## AROUND THE WORLD

This month is all about **Christmas Around the World**.  
Tis the season after all!  
We are learning all about Christmas food traditions around the world.



### AUSTRALIA

Australians experience a much different Christmas Day to us. Down under, the sun will be shining. Aussies traditionally feast on a BBQ instead of our classic roast dinner. Surf and turf, garlic chicken and grilled halloumi, enjoyed in the Australian sun. Sounds perfect!



### CHINA

On Christmas Eve, a popular tradition in China, is the giving of apples, commonly wrapped in colourful paper. This began as the Chinese word for Christmas Eve is 'Ping An Ye'. This is very similar to the Chinese word for apple, 'Ping Guo'.



### JAPAN

Are you a KFC fan? Well, in Japan, people pre-order their Christmas Party Bucket, months in advance. As Japan has a small population of Christians, Christmas is not as widely celebrated. This tradition began in the 1970s by Takeshi Okawara.



### GREECE

The Grecian traditional Christmas pudding is a pastry dish, Baklava. You may have seen this in a local bakery! Baklava is layers of filo pastry filled with chopped nuts and either honey or syrup sauce.



### UKRAINE

In Eastern Ukraine, they serve a ceremonial dish called Kalia or Kutya. Kalia is a mix of wheat berries, seeds, dried fruit and milk. This is often enjoyed on Christmas Eve.



### ITALY

Have you ever heard of panettone? This Italian delicacy is a sweet bread, filled with mixed dried fruit and candied peel. Italian families enjoy this 'tear and share' treat during the Christmas holidays.

## CHALLENGE

We are challenging you to take part in a **reverse advent**. Instead of receiving a gift, those taking part in a reverse calendar **DONATE** an item each day. At the end of advent, the calendar will result in a collection of 24 goods that can be dropped off at a local food bank, shelter or other good cause in time for Christmas.

**GOOSEMOOR FOODSERVICE**

**HIJACKED**

**Peeky's**  
BESPOKE CAKE DESIGN

## THIS MONTH WE ARE GOING TO PEEKY'S BESPOKE CAKE DESIGN

- Peeky's business began in 2020 as a home business, by Zoe Peek. Zoe started baking cakes 28 years ago. Starting with small family birthday cakes, it has now grown to large weddings and occasional cakes. Her attention to detail is impeccable.
- Zoe has recently begun supplying homemade traybakes to us, primarily for our schools. You can order homemade traybakes from Goosemoor; lemon drizzle cake, vanilla sponge, fruity flapjack and chocolate flapjack. New flavours to come soon! We also supply Peeky's Cupcakes as a special order. Chocolate, Vanilla or Lemon, how could you say no?
- Zoe began her baking career starting with her daughter's first birthday cake, over 28 years ago. Her daughter requested a duck cake, so her mother told her she needed to start practicing. The rest is history. Keeping up with all the latest techniques, Zoe has perfected her skills to be the very best of the best. Not only do they taste divine, they look top notch too!
- You can follow Zoe and her baking business via Facebook, Instagram and TikTok.

peekysbespoke peekys\_bespoke\_cake\_design

### School Menu for New Year

We will start back in the New Year using the Week 2 Autumn/Winter Term menu.



**School Clubs starting in January - these will be put on ParentPay next week**

Name of Club	Start Date	Year Group
Story Club - Mrs Ratcliffe	Monday 8 <sup>th</sup> January 3:30 - 4:15pm	Key Stage 1
Drama Club - Miss Nicholls	Friday 1 <sup>st</sup> December lunchtime (already on ParentPay)	Years 1, 2 & 3
Y6 SATS Booster Club - Miss Pears	Monday 8 <sup>th</sup> January 3:30 - 4:15pm	Year 6
Boy's Football Club - Mr Branch	Thursday 11 <sup>th</sup> January 3:40 - 4:30pm	Key Stage 2
Girl's Football Club - Mr Branch	Thursday 11 <sup>th</sup> January lunchtime	Key Stage 2
Coding Club - Mr Branch	Friday 12 <sup>th</sup> January lunchtime	Key Stage 2
Gardening Club - Mrs Bruce	Friday 12 <sup>th</sup> January lunchtime	Key Stage 2
Cross Country Club - Miss Randall	Thursday 11 <sup>th</sup> January lunchtime	Key Stage 2
Times Table Rock Stars - Miss George	Monday 8 <sup>th</sup> January lunchtime	Years 4 & 5

**Save the Children Christmas Jumper Day**

If you would like to still make a donation to the Save the Children Christmas Jumper Day, this can be done using the following link :- [Save the Children Christmas Jumper Day](#)

**Upcoming events**

12<sup>th</sup> December 2-3pm Reception and KS1 Nativity **NO FOREST SCHOOL!**

13<sup>th</sup> December 3-4pm Reception and KS1 Nativity

14<sup>th</sup> December School Disco - 3:30 - 4:15pm: Reception, Year 1 & 2 (send outfits in named bag, children will change after school and Teacher will escort to disco).

4:30 - 5:15pm: Year 3 & 4

5:30 - 6:30pm: Year 5 & 6

15<sup>th</sup> December Last Day - Carol concert KS2 (School Hall) 9.30am - 10.30am

For further events please see our [School Calendar](#) which has details of events through to the end of the year including sports day etc.

# 10 Tips to Parent Your **ANXIOUS** Child

By Anne Marie Albano, PhD, author of ["You and Your Anxious Child"](#), with Leslie Pepper



1. Respect and validate your child's feelings! Anxiety is a real emotion and not pleasant.
2. Teach your child deep, slow, belly breathing. This is an easy and very portable skill for self-soothing and calming.
3. Listen to your child and ask "Tell me what you are thinking?" This will help to reveal scary thoughts and scenes that build up in your child's mind.
4. Rather than swooping to reassure, ask your child "How likely is (that thing you're afraid of) to happen?" You'll be teaching him to challenge his anxious thinking.
5. Prompt your child with "Tell me some things you can do to handle this situation" and help her to brainstorm, rather than just giving her solutions. She'll feel empowered.
6. Give up the idea of "mental health days" "skip days" "sleep with mom nights" or other ways of avoiding feared situations. This just makes the anxiety stick more firmly and lead to further avoidance.
7. Encourage your child's attempts to be brave, no matter how small they may seem to you. Use labeled praise such as "I'm so proud of you for sleeping in your own bed last night!"
8. Work with your child to outline small steps leading to a bigger goal.
9. Create opportunities for your child to practice being brave and coping, and then high-five his/her efforts!
10. Recognize when you are anxious and say aloud what you can do to calm down and solve the situation. You'll be modeling coping for your child, but be mindful and don't overshare your anxiety!

Graphics by: Mrs. Fun

[kidlutions.com](http://kidlutions.com)



## TT Rockstars

Each week we will celebrate a different aspect of TTRockstars

### This week we are celebrating BEST IMPROVEMENT IN ACCURACY



Year 2 Theo, Evie, Ollie  
Year 3 Freya, Martha, Dom  
Year 4 Jago, Arlo, Tristan  
Year 5 Maisy, Joni, Angus  
Year 6 Alex, Lace-Jean, Jack



## Numbots

Each week we will celebrate a different aspect of Numbots

### This week we are celebrating biggest increase in correct answers



Year 3 Grace, Nathan, Juliet  
Year 2 Nia, Evie, Woody  
Year 1 Flo, William, Elliot



## Reading Stars

This week's top readers:

Year 2 Theo, Evie, Connie  
Year 3 Otis, Mia, Iris  
Year 4 Freyja, Izzy, Teddy  
Year 5 Maisy, Kat, Angus  
Year 6 Poppy, Theo, Hailun





### Celebration Assembly

<b>Reception</b>	Bernie
<b>Year 1</b>	River
<b>Year 2</b>	Tilly-rae
<b>Year 3</b>	Iris
<b>Year 4</b>	Cooper
<b>Year 5</b>	Emily
<b>Year 6</b>	Evalyn

### Plymouth Argyle Club

Netball classes for 5 -11 year olds however these will only be running at Plympton Academy on Friday's between 5pm-6pm and this will be running on the following dates:

3<sup>rd</sup> November - 15<sup>th</sup> December (7 weeks, costing £35 or there is an option to pay £5 per week online too).

To book go to their website:

<https://officialsoccerschools.co.uk/argyle/pl1-netball-aged-5-11-plympton-academy-primary-school-5pm-6pm-term-2.html>

We do have limited spaces and these will be offered on a first come first serve basis, we hope to see you there!



# WHERE GETTING IT WRONG IS TOTALLY ALRIGHT.

**THIS  
GIRL  
CAN**

**CLASSES**

POWERED BY **em.d.uk**

## Your Local Class Details:

Next 8 week course starts on  
Mon 8th January  
7.45-8.45pm  
at Quayside Leisure Centre,  
Kingsbridge, TQ7 1HH

£16 for the course or £2.50 a  
week Pay As You Go.  
To book call 01548 857100  
or visit  
[www.fusion-lifestyle.com](http://www.fusion-lifestyle.com)

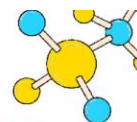
**Come and try our new group exercise  
classes where everyone is in it together!**

POWERED BY  
**fusion**





**Plymouth Science**



# CHRISTMAS CAMPS 2023

**FREE** for children who are eligible for Free School Meals\*

or

**£22** per day  
(bring your own lunch)

**£25** per day  
(Lunch provided)

**Venue:** St Peters Primary  
School, Brentford Ave,  
Plymouth PL5 4HD

**Dates:** Wed 20th-Fri 22nd Dec  
Thurs 28th-Fri 29th Dec

**Timings:** 9am-3pm  
**Age:** 6-11 years



**SCAN TO BOOK**



**EACH DAY WILL HAVE IT'S OWN UNIQUE THEME. SOME OF THE ACTIVITIES INCLUDE...**



**FOREST SCHOOLS**



**CRACKERS**



**CHRISTMAS COOKING**



**MAKING SNOW**



**STAINED GLASS**



**FESTIVE EXPERIMENTS**



**THE FULL EVENT CALENDAR CAN BE FOUND ONLINE AT [WWW.PLYMOUTHSCIENCECIC.CO.UK](http://WWW.PLYMOUTHSCIENCECIC.CO.UK) – PLEASE NOTE ALL ACTIVITIES ARE SUBJECT TO CHANGE.**

To book your place visit our website and click on the poster or scan the QR code above  
For any questions, please email us (bookings cannot be done via email).

Web: [www.plymouthsciencecic.co.uk](http://www.plymouthsciencecic.co.uk)

Email – [plymouthscienceteam@gmail.com](mailto:plymouthscienceteam@gmail.com)

Tel: 07933 055 506 (only during camp dates)

\* Eligibility for free places is for children who receive Free School Meals. This DOES NOT include children in Foundation/Key Stage 1 who receive Universal Free School Meals. If you are unsure of your status, enquire with your school office. Eligibility will be checked by Plymouth City Council, and full payment will need to be made for sessions if your child is ineligible for Free School Meals. Terms and Conditions apply.



## Wild Embers are running a family day for Children with SEN and SEMH needs

And their **parents, carers and families (Sunday 10th December)**. The day will be held in Halwell, and will include bush crafts, exploring nature and outdoor cooking with lunch around the fire. We are only asking for a minimum donation of £1 and it can be booked using this link.

<https://www.eventbrite.co.uk/e/wild-embers-december-family-day-tickets-761101935377?aff=oddtcreator>



## Lottery Funded Family Support Events

Wild Embers are supporting families with SEND children 6-11 yrs with funded weekend activities and retreats

Family Day: Join us at our beautiful site at Blackberry Barn on Sunday 10<sup>th</sup> December, 10am-3pm for our second 2023 family weekend event. The day will include bush crafts, exploring nature, outdoor cooking with lunch around the fire.

Wild Embers is a community orientated and highly impactful provider that has been running since 2017. We are members of the alternative providers network, the parent and carer forum Devon, and have established connections with a large number of Academies. We run a successful Ofsted registered forest school, community gatherings/feasts, father & child days, with a range of specialist support offerings for children and families with SEND.

BOOKING DEADLINE – Sunday 3<sup>rd</sup> December



Cost: Donations will be gratefully received (we ask for a minimum of a £1 donation)

### ADDRESS, DIRECTIONS & BOOKING

To book on the family weekend or express interest in a retreat: email [admin@wildembers.org](mailto:admin@wildembers.org)

Cost: Donation only

Address: Blackberry Barn, Ritson, Halwell, TQ9 7JG

Satnav Instructions:

Follow up until Totnes cross petrol station no further.

Then follow the road around to Kingsbridge (away from Totnes), you will see a sign that says Kingsbridge 6 miles, please take the left hand turn just behind the sign, follow the lane into the old farmyard, now beautiful barn conversions.

Take a slight right, drive in-between new barn conversion and an agricultural barn. The driveway leading to the parking area is directly in front of you between the house and fence. Head down the driveway where you can park on the ménage to your left.

What3words:

Wiggles.worthy.quicker

If you have trouble finding us please do contact either Mel or Richard.

Mel 07967 755357

Richard 07906 529371



Louise Nicholls  
Head of School

Mrs T Coulthard  
Executive Head Teacher