



Dear Parents and Carers,



What a surprise to wake up to snow!! The children all enjoyed playing outside all wrapped up! It caused a lot of excitement with staff and children alike! As the weather has turned colder, please ensure your child attends with a warm coat, hat and gloves, thank you.

The children are looking forward to all the Christmas activities, starting this evening with the Lantern Parade! We have lots going on in school, so please check out the School Calendar and also the upcoming event below.

Governor vacancies

Governors are key to running schools that have good outcomes for **all** pupils. They help us set strategic direction, hold our leadership to account and check our schools are doing well.

If you can attend **six** meetings a **year** and spend some time getting to know our schools then we would love to hear from you.

You **don't** need to have any experience of the education system or specialist qualifications to be a governor but we are ideally looking for a person who has human resources or people management experience and would be willing to visit **Malbourn with South Huish Primary School** at least once or twice per term, and keep up good communication with the head of school.

We offer plentiful training and personal development opportunities.

If you are interested in becoming a governor or are a parent or carer who would like to know what governors do and why they are so important to our schools please contact clerk@southhamsfederation.org.uk

Christmas Free School Meal on Thursday 7th December



If you would like your child to have the School's free Christmas meal on Thursday 7th December, you will need to pre order this meal for this day on ParentPay ASAP!

Menu options

Roast Turkey or Roast Root Vegetable Wellington (v)
with Roast Potatoes, Stuffing, Pigs in Blankets, Seasonal Vegetables and Gravy.
Jelly or Fresh Fruit Salad

Christmas Post Box

The School Council will be organising deliveries of Christmas cards. If your child would like to send any cards they can post them in the festive post box outside the school office. They will then be sorted and delivered to each class before we break up for Christmas.



School Dinner Information

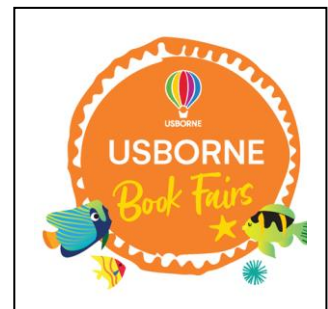
If your child is unable to attend school in the morning but will be in before lunch, please ensure you call the School Office to advise that a School Lunch needs to be ordered/confirmed or please provide a packed lunch on that occasion. Many Thanks for your support.

Fruit Snacks in School

Please can we remind parents that all smaller fruit snacks (i.e. grapes/ olives etc) which come into school need to be cut into small pieces. Grapes are a good healthy fruit snack, however please remember to always cut them lengthwise first, along with olives as they present a serious choking hazard otherwise. Can we also remind you that we are a nut free school.

USBORNE Book Fair

Thank you to all the Parents and Children who attended this fair after school. We look forward to seeing how many books the School will be receiving for the school children.



Save the Children Christmas Jumper Day Thursday 7th December donations

We will be supporting the Save the Children Charity Christmas Jumper day on Thursday 7th December, children can come to school dressed in their Christmas jumpers!

If you wish to donate, this can be done via a JustGiving page, the link will be sent out soon.

Upcoming events

4th December Year 1 & 2 football

4th December Art Club finishes

5th December Year 5&6 Mixed Football Tournament

7th December Save the Children Christmas Jumper Day / Christmas lunch

8th December - PTFA Christmas fair

12th December 2-3pm Reception and KS1 Nativity

13th December 3-4pm Reception and KS1 Nativity

14th December School Disco - after school - Times to be confirmed by PTFA

15th December Last Day - Carol concert KS2 (School Hall) 9.30am - 10.30am

For further events please see our [School Calendar](#) which has details of events through to the end of the year including sports day etc.

Lost Property

There will be a stall at the Christmas Fair which will have all the lost property on it. Please if you can, take a look at the stall if you are missing any items.

10 Tips to Parent Your **ANXIOUS** Child

By Anne Marie Albano, PhD, author of ["You and Your Anxious Child"](#), with Leslie Pepper



1. Respect and validate your child's feelings! Anxiety is a real emotion and not pleasant.
2. Teach your child deep, slow, belly breathing. This is an easy and very portable skill for self-soothing and calming.
3. Listen to your child and ask "Tell me what you are thinking?" This will help to reveal scary thoughts and scenes that build up in your child's mind.
4. Rather than swooping to reassure, ask your child "How likely is (that thing you're afraid of) to happen?" You'll be teaching him to challenge his anxious thinking.
5. Prompt your child with "Tell me some things you can do to handle this situation" and help her to brainstorm, rather than just giving her solutions. She'll feel empowered.
6. Give up the idea of "mental health days" "skip days" "sleep with mom nights" or other ways of avoiding feared situations. This just makes the anxiety stick more firmly and lead to further avoidance.
7. Encourage your child's attempts to be brave, no matter how small they may seem to you. Use labeled praise such as "I'm so proud of you for sleeping in your own bed last night!"
8. Work with your child to outline small steps leading to a bigger goal.
9. Create opportunities for your child to practice being brave and coping, and then high-five his/her efforts!
10. Recognize when you are anxious and say aloud what you can do to calm down and solve the situation. You'll be modeling coping for your child, but be mindful and don't overshare your anxiety!

Graphics by: Mrs. Fun

kidlutions.com

TT Rockstars

Each week we will celebrate a different aspect of TTRockstars

This week we are celebrating BEST IMPROVEMENT IN ACCURACY



Year 2 Jasper, Evie, Max
Year 3 Freya, Dom, Martha
Year 4 Arlo, Tristan, Sam
Year 5 Maisy, Joni, Evie
Year 6 Alex, Oli, Jack



Numbots

Each week we will celebrate a different aspect of Numbots

This week we are celebrating Number Bonds to Ten



Year 1 Poppy, Elliot
Year 2 Evie



Reading Stars

This week's top readers:

Year 2 Evie, Theo, Connie MT
Year 3 Otis, Mia, Iris
Year 4 Freyja, Issy, Martha
Year 5 Maisy, Kat, Angus
Year 6 Poppy, Theo, Hailun





Celebration Assembly

Reception	Ophelia
Year 1	William
Year 2	Jack
Year 3	Juliet
Year 4	Charlie
Year 5	Fin
Year 6	Edie

Achieve4All School Club on a Monday After School

The after-school club for Autumn Term (2nd Half) is on the booking system and ready for bookings.

The club can be booked by going to <https://achieve4all.co.uk/> you will then need to click on 'Book Now', log in to your account or if you have not booked before you will need to complete a short registration.

The club will be a Basketball and Multi-Sports Club for KS1 and KS2

The club will run from Monday 30th October - Cost £26.25

Special discount of 2 sessions (£7.50) off the price for those that book by end of day Sunday 29th October - the code to use at the checkout is '750'.

Plymouth Argyle Club now changed from Friday to Wednesday After School

This club is now on a Wednesday run by Plymouth Argyle Community Trust, please go to their website to book:

<https://officialsoccerschools.co.uk/argyle/https-officialsoccerschools-co-uk-argyle-pl-modbury-after-school-club-html-2.html>

Plymouth Argyle Club

Netball classes for 5 -11 year olds however these will only be running at Plympton Academy on Friday's between 5pm-6pm and this will be running on the following dates:

3rd November - 15th December (7 weeks, costing £35 or there is an option to pay £5 per week online too).

To book go to their website:

<https://officialsoccerschools.co.uk/argyle/pl1-netball-aged-5-11-plympton-academy-primary-school-5pm-6pm-term-2.html>

We do have limited spaces and these will be offered on a first come first serve basis, we hope to see you there!

PTA NEWS

Christmas Fair & Raffle

Friday 8th December in the School Hall. 3pm to 4pm. You are welcome to collect your children early (at 3pm) and make time to visit all the Christmas fair stalls. Grab a cake or milkshake, decorate a biscuit, try your luck on the Chocolate Tombola or in the Lucky Dip. Get a raffle ticket before the grand draw at 3.45pm. Buy some Reindeer food or test your skills on one of the many Year 6 fantastic games stalls: Flying Elves!, Duck Luck, Tin Can Alley, Name the Teddy and Guess what's in the box?

2023-2024 Self-portrait Teatowel

The limited edition exclusive Self-portrait Teatowels will be on sale at the Christmas Fair. They are £5 each. Get yours before they run out.



PTA Friday Snack Stall

Last week Year 1 stepped it up with lots of lovely snacks. The stall completely sold out, phenomenal effort Year 1. Thankyou!



PTA Dates for your diary

- **Friday 8th Dec:** Christmas fair in the school hall 3-4pm
- **Thurs 14th Dec:** Christmas disco





RAFFLE PRIZES INCLUDE.....

SELECTION OF ARTISAN FOOD AND DRINK FROM ACROSS SOUTH DEVON.....

BOTTLE OF OYSTER SHACK GIN PLUS RESTAURANT VOUCHER.....

COCKTAILS AT SALCOMBE GIN DISTILLERY.....CUSTOM DESIGN FLAG BY ROSIE MERINGUE.....

CUT AND FINISH FROM UNWIND.....VOUCHER FOR CAKE AND TEA AT THE OLD BAKERY.....

VOUCHER FOR NICHOLAS HAIR.....WEEKEND CAMPING AT FOLLY FARM.....

VOUCHER FROM HATTON JEWELLERY.....VOUCHER FOR THE MODBURY INN.....

VOUCHER FOR SOUND / GONG BATH FROM HELEN'S SOUND MEDITATION.....

BRONZE BIKE SERVICE FOR DEVON BIKE SHACK.....VOUCHER FOR 2 FOR YOGA WITH ZOÉ.....

VOUCHER FOR ACUPUNCTURE WITH SAL.....PILATES SESSION WITH HARRY'S PILATES.....

AUNE VALLEY PRODUCTS.....CURATOR COFFEE VOUCHER.....

TREATS FROM THE COOP.....VOUCHER FOR BOMBERS.....MINI BEACH FAMILY PHOTO

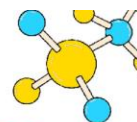
SESSION WITH VICTORIA.....CHALLABOROUGH BEACH SEASON PARKING PERMIT

AND MEAL.....MAGGIE SMITH ART.....LOGS FROM COASTAL GARDEN SERVICES.....

Free for Children who are eligible for Free School Meals



Plymouth Science



CHRISTMAS CAMPS 2023

FREE for children who are eligible for Free School Meals*

or

£22 per day
(bring your own lunch)

£25 per day
(Lunch provided)

Venue: St Peters Primary
School, Brentford Ave,
Plymouth PL5 4HD

Dates: Wed 20th-Fri 22nd Dec
Thurs 28th-Fri 29th Dec

Timings: 9am-3pm
Age: 6-11 years



SCAN TO BOOK



EACH DAY WILL HAVE IT'S OWN UNIQUE THEME. SOME OF THE ACTIVITIES INCLUDE...



FOREST SCHOOLS



CRACKERS



CHRISTMAS COOKING



MAKING SNOW



STAINED GLASS



FESTIVE EXPERIMENTS



THE FULL EVENT CALENDAR CAN BE FOUND ONLINE AT WWW.PLYMOUTHSCIENCECIC.CO.UK – PLEASE NOTE ALL ACTIVITIES ARE SUBJECT TO CHANGE.

To book your place visit our website and click on the poster or scan the QR code above

For any questions, please email us (bookings cannot be done via email).

Web: www.plymouthsciencecic.co.uk

Email – plymouthscienceteam@gmail.com

Tel: 07933 055 506 (only during camp dates)

* Eligibility for free places is for children who receive Free School Meals. This DOES NOT include children in Foundation/Key Stage 1 who receive Universal Free School Meals. If you are unsure of your status, enquire with your school office. Eligibility will be checked by Plymouth City Council, and full payment will need to be made for sessions if your child is ineligible for Free School Meals. Terms and Conditions apply.

Wild Embers are running a family day for Children with SEN and SEMH needs

And their **parents, carers and families (Sunday 10th December)**. The day will be held in Halwell, and will include bush crafts, exploring nature and outdoor cooking with lunch around the fire. We are only asking for a minimum donation of £1 and it can be booked using this link.

<https://www.eventbrite.co.uk/e/wild-embers-december-family-day-tickets-761101935377?aff=oddtcreator>



Lottery Funded Family Support Events

Wild Embers are supporting families with SEND children 6-11 yrs with funded weekend activities and retreats

Family Day: Join us at our beautiful site at Blackberry Barn on Sunday 10th December, 10am-3pm for our second 2023 family weekend event. The day will include bush crafts, exploring nature, outdoor cooking with lunch around the fire.

Wild Embers is a community orientated and highly impactful provider that has been running since 2017. We are members of the alternative providers network, the parent and carer forum Devon, and have established connections with a large number of Academies. We run a successful Ofsted registered forest school, community gatherings/feasts, father & child days, with a range of specialist support offerings for children and families with SEND.

BOOKING DEADLINE – Sunday 3rd December



Cost: Donations will be gratefully received (we ask for a minimum of a £1 donation)

ADDRESS, DIRECTIONS & BOOKING

To book on the family weekend or express interest in a retreat: email admin@wildembers.org

Cost: Donation only

Address: Blackberry Barn, Ritson, Halwell, TQ9 7JG

Satnav Instructions:

Follow up until Totnes cross petrol station no further.

Then follow the road around to Kingsbridge (away from Totnes), you will see a sign that says Kingsbridge 6 miles, please take the left hand turn just behind the sign, follow the lane into the old farmyard, now beautiful barn conversions.

Take a slight right, drive in-between new barn conversion and an agricultural barn. The driveway leading to the parking area is directly in front of you between the house and fence. Head down the driveway where you can park on the ménage to your left.

What3words:

Wiggles.worthy.quicker

If you have trouble finding us please do contact either Mel or Richard.

Mel 07967 755357

Richard 07906 529371



Louise Nicholls
Head of School

Mrs T Coulthard
Executive Head Teacher