



Dear Parents and Carers,

We are now preparing for the Nativity play and the children are enjoying learning the new songs! We are also very grateful to the PTA for distributing the lanterns for this year's parade. Thank you so much for all the donations for the Christmas Fair this year. We really appreciate your support.

Governor vacancies

Governors are key to running schools that have good outcomes for **all** pupils. They help us set strategic direction, hold our leadership to account and check our schools are doing well.

If you can attend **six** meetings a **year** and spend some time getting to know our schools then we would love to hear from you.

You **don't** need to have any experience of the education system or specialist qualifications to be a governor but we are ideally looking for a person who has human resources or people management experience and would be willing to visit **Malbourn with South Huish Primary School** at least once or twice per term, and keep up good communication with the head of school.

We offer plentiful training and personal development opportunities.

If you are interested in becoming a governor or are a parent or carer who would like to know what governors do and why they are so important to our schools please contact clerk@southhamsfederation.org.uk

Children in Need 2023

Donations can still be made until Friday 1st December 2023. We will let you know how much we raised as a school. <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=12143>



Girls Cup fixture at Pomphlett Primary School

On Thursday, some of our Year 5 and 6 girls took part in a football match at Pomphlett Primary School. They showed fantastic determination during the match and showed off their developing skills. Mr Branch was very impressed with the improvement from the start of their training and they all demonstrated wonderful sporting attitudes. Well done girls.

Fruit Snacks in School

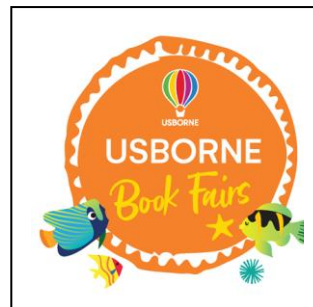
Please can we remind parents that all smaller fruit snacks (i.e. grapes/ olives etc) which come into school need to be cut into small pieces. Grapes are a good healthy fruit snack, however please remember to

always cut them lengthwise first, along with olives as they present a serious choking hazard otherwise.

USBORNE Book Fair - next week on Thursday 30th November 2023 3:30pm Hall

To promote reading for pleasure and to encourage our pupils to read more broadly, we are having a school book fair on Thursday 30th November 2023.

The book fair is being organised in conjunction with our local Usborne Partner, Luna's Library, and every book purchased will go towards brand new FREE books for our school.



Usborne will also donate up to 60% of the total book fair sales value raised in FREE BOOKS to the school. So, for every £600 of books purchased, we will get £360 in FREE Usborne books for our school!

Each class will be visiting the book fair during the school day to browse the books on offer and write their wish lists. Books can then be purchased on the day of the book fair after school and paid for by cash/card, or if you are in a hurry there will be an express checkout available, simply leave your mobile number and wish list and a payment link can be sent over.

We look forward to having lots more books for your child to read, share and enjoy. For more information and for tailored book recommendations for your child, **please contact: Charlotte Titterton - 07967631509 or @lunaslibrary123**

Parent forum

Every half term, our parent forum meets with representatives from school to discuss parental views. These meetings are very useful to school and have resulted in lots of positive changes.

We are currently recruiting more members for our parent forum. If you would like to be considered, please contact the school office to register your interest. Meetings are generally held in school time but are flexible to meet the needs of the parent forum.

Upcoming events

28th November Year 1 & 2 football details - now rescheduled to Monday 4th December 2023.

28th November Forest School Reception and Year 2

30th November Year 5 & 6 Tag Rugby SHF event

30th November Book Fair - school hall

1st Dec Modbury Lantern Parade

4th December Year 1 & 2 football

7th December Save the Children Christmas Jumper Day / Christmas lunch

8th December - PTFA Christmas fair

12th December 2-3pm Reception and KS1 Nativity

13th December 3-4pm Reception and KS1 Nativity

14th December School Disco - after school - Times to be confirmed by PTFA

15th December Last Day - Carol concert KS2 (School Hall) 9.30am - 10.30am

For further events please see our [School Calendar](#) which has details of events through to the end of the year including sports day etc.

10 Tips to Parent Your **ANXIOUS** Child

By Anne Marie Albano, PhD, author of ["You and Your Anxious Child"](#), with Leslie Pepper

1. Respect and validate your child's feelings! Anxiety is a real emotion and not pleasant.
2. Teach your child deep, slow, belly breathing. This is an easy and very portable skill for self-soothing and calming.
3. Listen to your child and ask "Tell me what you are thinking?" This will help to reveal scary thoughts and scenes that build up in your child's mind.
4. Rather than swooping to reassure, ask your child "How likely is (that thing you're afraid of) to happen?" You'll be teaching him to challenge his anxious thinking.
5. Prompt your child with "Tell me some things you can do to handle this situation" and help her to brainstorm, rather than just giving her solutions. She'll feel empowered.
6. Give up the idea of "mental health days" "skip days" "sleep with mom nights" or other ways of avoiding feared situations. This just makes the anxiety stick more firmly and lead to further avoidance.
7. Encourage your child's attempts to be brave, no matter how small they may seem to you. Use labeled praise such as "I'm so proud of you for sleeping in your own bed last night!"
8. Work with your child to outline small steps leading to a bigger goal.
9. Create opportunities for your child to practice being brave and coping, and then high-five his/her efforts!
10. Recognize when you are anxious and say aloud what you can do to calm down and solve the situation. You'll be modeling coping for your child, but be mindful and don't overshare your anxiety!

Graphics by: Mrs. Fun

kidlutions.com

TT Rockstars

Each week we will celebrate a different aspect of TTRockstars

This week we are celebrating BEST IMPROVEMENT IN COINS EARNED



Year 2 Jasper, Connie, Evie
Year 3 Dom, Iris, Freya
Year 4 Tristan, Jago, Lewis
Year 5 Joni, Angus, Maisy
Year 6 Jude, Alex, Ollie



Numbots

Each week we will celebrate a different aspect of Numbots

This week we are celebrating BIGGEST INCREASE IN LEVELS PASSED Next week we will be celebrating number bonds to ten!



Year 1 William, Herbie, Poppy
Year 2 Jasper, Buster, Ollie
Year 3 Dom, Otis, Nathan



Reading Stars

This week's top readers:

Year 2 Theo, Ollie, Connie
Year 3 Otis, Felix, Rose
Year 4 Jago, Freyja, Jack
Year 5 Luke, Joni, Marley
Year 6 Hailun, Poppy, Jack



Celebration Assembly

Reception	Logan
Year 1	Elliot
Year 2	Amlie
Year 3	Martha
Year 4	Austin
Year 5	Joni
Year 6	Olivia



Achieve4All School Club on a Monday After School

The after-school club for Autumn Term (2nd Half) is on the booking system and ready for bookings.

The club can be booked by going to <https://achieve4all.co.uk/> you will then need to click on 'Book Now', log in to your account or if you have not booked before you will need to complete a short registration.

The club will be a Basketball and Multi-Sports Club for KS1 and KS2

The club will run from Monday 30th October - Cost £26.25

Special discount of 2 sessions (£7.50) off the price for those that book by end of day Sunday 29th October – the code to use at the checkout is '750'.

Plymouth Argyle Club now changed from Friday to Wednesday After School

This club is now on a Wednesday run by Plymouth Argyle Community Trust, please go to their website to book:

<https://officialsoccerschools.co.uk/argyle/https-officialsoccerschools-co-uk-argyle-pl-modbury-after-school-club-html-2.html>

Plymouth Argyle Club

Netball classes for 5 -11 year olds however these will only be running at Plympton Academy on Friday's between 5pm-6pm and this will be running on the following dates:

3rd November – 15th December (7 weeks, costing £35 or there is an option to pay £5 per week online too).

To book go to their website:

<https://officialsoccerschools.co.uk/argyle/pl1-netball-aged-5-11-plympton-academy-primary-school-5pm-6pm-term-2.html>

We do have limited spaces and these will be offered on a first come first serve basis, we hope to see you there!





RAFFLE PRIZES INCLUDE.....

SELECTION OF ARTISAN FOOD AND DRINK FROM ACROSS SOUTH DEVON.....

BOTTLE OF OYSTER SHACK GIN PLUS RESTAURANT VOUCHER.....

COCKTAILS AT SALCOMBE GIN DISTILLERY.....CUSTOM DESIGN FLAG BY ROSIE MERINGUE.....

CUT AND FINISH FROM UNWIND.....VOUCHER FOR CAKE AND TEA AT THE OLD BAKERY.....

VOUCHER FOR NICHOLAS HAIR.....WEEKEND CAMPING AT FOLLY FARM.....

VOUCHER FROM HATTON JEWELLERY.....VOUCHER FOR THE MODBURY INN.....

VOUCHER FOR SOUND / GONG BATH FROM HELEN'S SOUND MEDITATION.....

BRONZE BIKE SERVICE FOR DEVON BIKE SHACK.....VOUCHER FOR 2 FOR YOGA WITH ZOÉ.....

VOUCHER FOR ACUPUNCTURE WITH SAL.....PILATES SESSION WITH HARRY'S PILATES.....

AUNE VALLEY PRODUCTS.....CURATOR COFFEE VOUCHER.....

TREATS FROM THE COOP.....VOUCHER FOR BOMBERS.....MINI BEACH FAMILY PHOTO

SESSION WITH VICTORIA.....CHALLABOROUGH BEACH SEASON PARKING PERMIT

AND MEAL.....MAGGIE SMITH ART.....LOGS FROM COASTAL GARDEN SERVICES.....

2023-2024 Self-portrait Tea towel

The Self-portrait Tea towels will go on sale soon (hopefully Friday 1st December, alongside the snack stall and raffle tickets). They are £5 each. Any remaining tea towels will also be on sale at the Christmas Fair on 8th December, but there are a limited number, so get yours before they run out.



PTA Friday Snack Stall

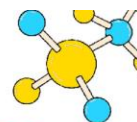
Last week Year 2 stepped it up with some great 'Children in Need' themed cakes among many other varieties of goodies for the snack stall. Thank You to everyone who gives their time, money and skills. Please come and support Year 1 running the stall this week!



Free for Children who are eligible for Free School Meals



Plymouth Science



CHRISTMAS CAMPS 2023

FREE for children who are eligible for Free School Meals*

or

£22 per day
(bring your own lunch)

£25 per day
(Lunch provided)

Venue: St Peters Primary School, Brentford Ave, Plymouth PL5 4HD

Dates: Wed 20th-Fri 22nd Dec
Thurs 28th-Fri 29th Dec

Timings: 9am-3pm

Age: 6-11 years



SCAN TO BOOK



EACH DAY WILL HAVE IT'S OWN UNIQUE THEME. SOME OF THE ACTIVITIES INCLUDE...



FOREST SCHOOLS



CRACKERS



CHRISTMAS COOKING



MAKING SNOW



STAINED GLASS



FESTIVE EXPERIMENTS



THE FULL EVENT CALENDAR CAN BE FOUND ONLINE AT WWW.PLYMOUTHSCIENCECIC.CO.UK – PLEASE NOTE ALL ACTIVITIES ARE SUBJECT TO CHANGE.

To book your place visit our website and click on the poster or scan the QR code above

For any questions, please email us (bookings cannot be done via email).

Web: www.plymouthsciencecic.co.uk

Email – plymouthscienceteam@gmail.com

Tel: 07933 055 506 (only during camp dates)

* Eligibility for free places is for children who receive Free School Meals. This DOES NOT include children in Foundation/Key Stage 1 who receive Universal Free School Meals. If you are unsure of your status, enquire with your school office. Eligibility will be checked by Plymouth City Council, and full payment will need to be made for sessions if your child is ineligible for Free School Meals. Terms and Conditions apply.

Wild Embers are running a family day for Children with SEN and SEMH needs

And their **parents, carers and families (Sunday 10th December)**. The day will be held in Halwell, and will include bush crafts, exploring nature and outdoor cooking with lunch around the fire. We are only asking for a minimum donation of £1 and it can be booked using this link.

<https://www.eventbrite.co.uk/e/wild-embers-december-family-day-tickets-761101935377?aff=oddtcreator>



Lottery Funded Family Support Events

Wild Embers are supporting families with SEND children 6-11 yrs with funded weekend activities and retreats

Family Day: Join us at our beautiful site at Blackberry Barn on Sunday 10th December, 10am-3pm for our second 2023 family weekend event. The day will include bush crafts, exploring nature, outdoor cooking with lunch around the fire.

Wild Embers is a community orientated and highly impactful provider that has been running since 2017. We are members of the alternative providers network, the parent and carer forum Devon, and have established connections with a large number of Academies. We run a successful Ofsted registered forest school, community gatherings/feasts, father & child days, with a range of specialist support offerings for children and families with SEND.

BOOKING DEADLINE – Sunday 3rd December



Cost: Donations will be gratefully received (we ask for a minimum of a £1 donation)

ADDRESS, DIRECTIONS & BOOKING

To book on the family weekend or express interest in a retreat: email admin@wildembers.org

Cost: Donation only

Address: Blackberry Barn, Ritson, Halwell, TQ9 7JG

Satnav Instructions:

Follow up until Totnes cross petrol station no further.

Then follow the road around to Kingsbridge (away from Totnes), you will see a sign that says Kingsbridge 6 miles, please take the left hand turn just behind the sign, follow the lane into the old farmyard, now beautiful barn conversions.

Take a slight right, drive in-between new barn conversion and an agricultural barn. The driveway leading to the parking area is directly in front of you between the house and fence. Head down the driveway where you can park on the ménage to your left.

What3words:

Wiggles.worthy.quicker

If you have trouble finding us please do contact either Mel or Richard.

Mel 07967 755357

Richard 07906 529371



Louise Nicholls
Head of School

Mrs T Coulthard
Executive Head Teacher