



Dear Parents and Carers,

We hope everyone had a lovely half term break. As we are now in our last term before Christmas there are lots of activities happening in School. Please check our school calendar which has the major events up to the end of the year. Click the link for more information [School Calendar](#)

Thank you to those who filled in our questionnaire. We will be collating results and addressing some common themes in the coming weeks.

### Reception Open Days for new September 2024 Intake

We will be having two Open mornings for new Parents to come and look around School. The dates are Tuesday 14<sup>th</sup> November from 11am till 12pm and also Tuesday 21<sup>st</sup> November from 9:30am till 10:30am.

 **Modbury Primary School** 

**Is your child due to start school in  
September 2024?**

We would like to invite you to a school tour in preparation  
for your application to primary school.

We are holding tours and talks on:  
Tuesday 14<sup>th</sup> November at 11-12am  
*or*  
Tuesday 21<sup>st</sup> at 9.30 am - 10.30am

Please email the school on [modbury@southhamsfederation.org.uk](mailto:modbury@southhamsfederation.org.uk) to book your place

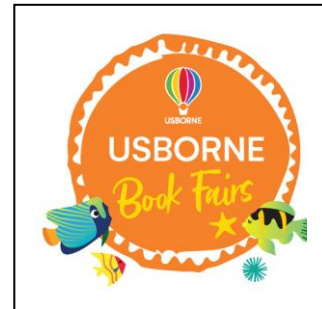
### KS1 children

Please ensure children in Key Stage one come to school with just their book bags and lunchboxes. Please do not send in any backpacks.

### USBORNE Book Fair - Thursday 30<sup>th</sup> November 2023 3:30pm Hall

To promote reading for pleasure and to encourage our pupils to read more broadly, we are having a school book fair on Thursday 30<sup>th</sup> November 2023.

The book fair is being organised in conjunction with our local Usborne Partner, Luna's Library, and every book purchased will go towards brand new FREE books for our school.



Usborne will also donate up to 60% of the total book fair sales value raised in FREE BOOKS to the school. So, for every £600 of books purchased, we will get £360 in FREE Usborne books for our school!

Each class will be visiting the book fair during the school day to browse the books on offer and write their wish lists. Books can then be purchased on the day of the book fair after school and paid for by cash/card, or if you are in a hurry there will be an express checkout available, simply leave your mobile number and wish list and a payment link can be sent over.

We look forward to having lots more books for your child to read, share and enjoy. For more information and for tailored book recommendations for your child, **please contact: Charlotte Titterton - 07967631509 or @lunaslibrary123**

### Royal British Legion Poppy Appeal



From next week, the Year 6 children will be selling poppies during lunch and break times so if you would like your child to buy a poppy please ensure they have the money with them.

### Children in Need 2023



**BBC Children in Need is back this year on Friday 17<sup>th</sup> November 2023.** The Children in Need donations page has now been published for our school - Please click on the below link to donate what you can and let's see how much we can raise as a School. Please come dressed in your spots, ready to raise some money! <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=12143>

Attendance Poster Competition

# FEDERATION ATTENDANCE POSTER COMPETITION!



Help us to improve attendance and spread the word about why it is important to be in school!

Win a goody bag including:  
A book, a fidget toy and a surprise!



Competition closes 17/11

Submit entries to your school office by 17/11

Winners (1 per year group across the federation) will be announced during an online federation assembly on 24/11/23

Posters will be used across the federation and on websites to promote attendance.

Please have a look at your school newsletter for more information

Swimarathon October 2023

Please could all sponsorship forms and money be sent to the School Office ASAP, these will be collected by the Rotary Club soon. Thank you for all your support.

## TT Rock Stars

If you would like more information about TTRockstars, please click on the link below.

[ttrackstars.com/parents/](https://ttrackstars.com/parents/)

A new competition has been set up for this half term ending on the 14th December.

<https://ttrackstars.com/>



## Music Mondays in November

Over the next 3 weeks, I will be on an exciting adventure hiking the Annapurna Circuit in Nepal. To ensure children don't miss out on their music, I have tried to put things in place for the period I am away.

Mrs Woods will still run choir, and she is happy to help with ukulele lessons. The ocarina children will have some resources so they can continue to play at home.

I have created a challenge for all musicians with prizes to be won by those who carry out their practises. Each group has 3 songs to focus on. I have sent out music/word sheets and ocarina players have their books. I have also sent tracks to Ms George who hopefully will put them onto Google Classroom. Each child is encouraged to play for 15 mins, 3x a week and I will look forward to hearing all the songs on my return. Children can fill in their challenge sheets and bring them to their lesson on Monday 27th November.

Happy playing! Mrs Gill

## Online Safety

As the nights draw in, children may be spending more time on devices. Please see below for advice on appropriate ages for apps.



# What Parents & Carers Need to Know about AGE-INAPPROPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

**WHERE IS IT FOUND?**

## SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

## GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

## STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

## ADVERTS

Online adverts frequently include age-inappropriate content: usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.

## 18 Advice for Parents & Carers

### TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child they can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

### CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

### BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

### GET SPECIALIST HELP

Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

### STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

### Meet Our Expert

Coyley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.



**NOS** National Online Safety®  
#WakeUpWednesday

Sources: <https://www.nationalonlinesafety.com/documents/02004/program/bullying/age-appropriate.pdf> | <https://www.nationalonlinesafety.com/documents/02004/program/bullying/age-appropriate.pdf> | <https://www.nationalonlinesafety.com/documents/02004/program/bullying/age-appropriate.pdf>

### Upcoming events (November)

7th November Forest School Reception and Year 2

8th November - SHF Cross Country event - details on ParentPay.

10th November - Remembrance assembly - (pupils only)

13th November Year 1 & 2 football details on Parent Pay

14th November Forest School Reception and Year 2

16th November Year 3 & 4 Tag Rugby SHF event details TBC

17th November Children in Need MUFTI day

21st November Forest School Reception and Year 2

23rd November MUFTI day - Christmas Fair donations

28th November Year 1 & 2 football details - details on ParentPay

28th November Forest School Reception and Year 2

30th November Year 5 & 6 Tag Rugby SHF event TBC

30th November Book Fair

1st Dec Modbury Lantern Parade

For further events please see our [School Calendar](#) which has details of events through to the end of the year including sports day etc.



SEND

## What is Tourette Syndrome?

Tourette Syndrome (TS) is an inherited neurological condition. It affects one school child in every hundred and is more common amongst boys. Over 300,000 children and adults are living with TS in the UK.

## Key features

The key features are tics - involuntary sounds and movements, which must be present for at least 12 months to meet the diagnostic criteria. Up to 85% of people with TS will also experience co-occurring conditions and features which might include Attention Deficit Hyperactivity Disorder (ADHD), Obsessive Compulsive Disorder (OCD), and Anxiety.

## Destroying the myths about TS

TS is often misunderstood as a condition which makes people swear, or say socially inappropriate things. Although it is true that 'coprolalia' - the clinical term for involuntary swearing - is a symptom of TS, it only affects a minority of people. 90% of people with TS *do not* have coprolalia.

## Who has TS?

It is estimated that TS affects one school child in every hundred and more than 300,000 children and adults in the UK live with the condition.

As with other neurological conditions, TS is more prevalent in boys.

Currently there is no technology that can predict how TS might affect someone long-term. It is thought that approximately half of children with a TS diagnosis will see a significant reduction in their symptoms as they approach adulthood. For some people, living with TS will continue throughout their life, but symptoms are likely to wax and wane (a term often used to describe the coming and going of tics).

A 2018 research study looking at the 'Long-term follow up of patients with Tourette Syndrome concluded that the findings reflect *"a positive overall long term prognosis for individuals with TS"*.

## Other Tic disorders

Tourette Syndrome is on the spectrum of conditions known as Tic Disorders. Other conditions on this spectrum include:

- Transient tic disorder or provisional tic disorder - motor tics usually confined to the face and neck although other body parts may be affected; sometimes vocal tics are also present. Tics only last a few weeks or months.
- Chronic tic disorder - tics tend to persist rather than be transitory and can include blinking, sniffing or neck movements. Tics occur for more than 1 year.
- Tourette Syndrome - multiple motor tics and one or more vocal tics present for at least 12 months although not always concurrently.
- A tic disorder not specified - tics are present, but do not meet the criteria for any specific tic disorder.

## TT Rockstars

Each week we will celebrate a different aspect of TTRockstars

This week we are celebrating BEST IMPROVEMENT IN  
ACCURACY

Year 2 Zara, Macy, Ollie  
Year 3 Fred, Gwen, Freya

Year 4 Teddy, Frank, Alfie  
Year 5 Thea, Felix, Maisy  
Year 6 Barnaby, Henry, Sienna

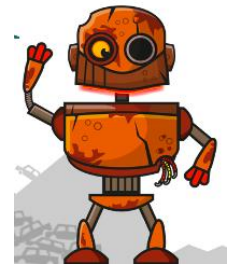


## Numbots

Each week we will celebrate a different aspect of Numbots

This week we are celebrating  
BEST ACCURACY

Year 1 Grace, Freddie, George  
Year 2 Evie, Ollie, Becky  
Year 3 Jack, Juliet, Gwen



## Reading Stars

**This week's top readers:**

Year 2 Evie, Frankie, Woody  
Year 3 Martha, Juliet, Felix  
Year 4 Freyja, Isabelle, Jago  
Year 5 Joni, Luke, Thea  
Year 6 Poppy, Hailun, Olivia







**Celebration Assembly**

<b>Reception</b>	Louis
<b>Year 1</b>	Bo
<b>Year 2</b>	Zara
<b>Year 3</b>	Seth
<b>Year 4</b>	Ivy
<b>Year 5</b>	Alba
<b>Year 6</b>	Hailun

**Louise Nicholls**  
Head of School

**Mrs T Coulthard**  
Executive Head Teacher



**Achieve4All School Club on a Monday After School**

The after-school club for Autumn Term (2<sup>nd</sup> Half) is on the booking system and ready for bookings.

The club can be booked by going to <https://achieve4all.co.uk/> you will then need to click on 'Book Now', log in to your account or if you have not booked before you will need to complete a short registration.

The club will be a Basketball and Multi-Sports Club for KS1 and KS2

The club will run from Monday 30<sup>th</sup> October - Cost £26.25

Special discount of 2 sessions (£7.50) off the price for those that book by end of day Sunday 29<sup>th</sup> October - the code to use at the checkout is '750'.

### **Plymouth Argyle Club now changed from Friday to Wednesday After School**

This club is now on a Wednesday run by Plymouth Argyle Community Trust, please go to their website to book:

<https://officialsoccerschools.co.uk/argyle/https-officialsoccerschools-co-uk-argyle-pl-modbury-after-school-club-html-2.html>

### **Community News**

Please see posters below.



# FREE FAMILY FOREST SESSIONS! WITH ARCHERY & OUTDOOR COOKING



*Who?* OPEN TO ALL,  
PARENTS/CARERS WITH CHILDREN WITHIN THE SOUTH HAMS.

**ACTIVITIES:** FOREST SCHOOL, FIRE LIGHTING, BUILDING SHELTERS  
EXPLORING WOODLAND, ARCHERY, OUTDOOR COOKING.

**FOOD:** HELP PREPARE A MEAL ON THE FIRE  
IN OUR DUTCH OVENS WITH OUR CHEF AND  
FOREST SCHOOL LEADER \* THIS WILL  
BE A PLANT BASED MEAL, HOT CHOCOLATE,  
BISCUIT, MARSHMALLOWS 'SMORES'.

**WHAT TO BRING:** MUG, BOWL,  
SPOON, SMILE, WARM LAYERS.



Timings: 10:30am to 1:30pm Dates: 5 Sessions

**OCTOBER**

**SUN 15th / SAT 21st**

**NOVEMBER**

**SAT 4th / SAT 11th / SAT 18th**

(Will factor in 2 min silence 11th NOV)

*Book* ONLINE AT  
[www.forestandbeach.co.uk](http://www.forestandbeach.co.uk)

HEALTHY KIDS, HEALTHY MINDS

