



# Allergen Matrix

## Modbury Autumn 2023



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Chocolate Cookie 50.33g					✓ <i>Oats, Wheat (Barley*)</i>									
-A- Jacket Potato with Beans 310g														
-A- Jacket Potato with Cheese and Beans 325g							✓							
-A- Leek and Potato Bake, Roast Potatoes, Vegetables & Gravy 314g							✓						✓	
-A- 5 bean chilli, Tortilla Chips and Coleslaw 191g			✓		? <i>(Barley*, Wheat*)</i>		?		✓				✓	?
-A- Banana Cake 56g			✓		✓ <i>Wheat</i>									
-A- Beef Lasagne, Focaccia Bread and Salad Sticks 249g			?		✓ <i>Wheat</i>		✓		?				✓	?
-A- Breaded Fish with Chips and Peas 220g				✓					✓					
-A- Breaded Fish, Chips and Beans 220g				✓					✓					







	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Red Pepper and Lentil Wellington Dinner, Roasted Potatoes, Vegetables and Gravy 321.5g					✓ Wheat								✓	
-A- Roast Pork , Roast Potatoes, Seasonal Vegetables, Gravy 254g													✓	
-A- Roast Turkey with Carrots and Cabbage, Roast Potatoes and Gravy 253.5g													✓	
-A- Salmon Fingers, Chips and salad 215g				✓	✓ Wheat									
-A- Tomato and Vegetable Pasta Bake, Focaccia Bread, Salad 284g					✓ Wheat		✓		✓				✓	?
-A- Vegetable Cottage Pie, Fresh Carrots and Sweetcorn 288g													✓	
-A- Vegetable Nuggets, Chips, Salad sticks 218g					✓ Wheat									
-A- Vegetarian Brunch					✓ Wheat		?						?	